

Walking trails

IN THE LAPPEENRANTA REGION



We hope you enjoy your stay in Lappeenranta and Imatra region

For more information about travel services and tourist information centres in the Lappeenranta and Imatra region, visit www.gosaimaa.com.

The best events, accommodation tips, restaurants and other activities in the area, all at one address. You can also contact us by email at lappenranta@gosaimaa.com

9. Haikkaalampi hiking trail (Pöytälahti)
You can explore the forest nature of the Saimaa archipelago and the cultural landscape of Pöytälahti on foot by following the trail around Haikkaalampi. The approximately 20 km trail takes a day if not too hot or too cold. There are also some short cuts. There are Pöytä-Saimaa and the 'Pöytä forest loop' in Pöytäkäki. The trail can be walked in hiking shoes in dry weather, but in rainy seasons there may be some wet areas. Some parts of the path are overgrown and there are breaks in the trail signs, be careful while moving through the terrain!
Distances: 20 km from Lappeenranta city center
Driving there: From Lappeenranta through Taipalsaari municipality along road 408
Trail departure points: (61.18339, 27.99831)
Trail classification: intermediate trail

1. Pappilampi nature trail (Lappeenranta)
The nature trail is located along the shores of Lake Saimaa and of the Saimaa archipelago. There are many different plants have been spotted in an area of just over 30 hectares.
Distances: 4 km from Lappeenranta city center
Driving there: Drive downward from the Water Tower along the waterfront to Pappilampi. The trail starts next to the parking lot, from intersectionline, 28.21186)
Trail classification: easy trail

2. Ruola village path (Ruola)
The Ruola village path introduces the visitor to the history of the village along with the ruins and structures in the surroundings, tell the story of a lost sawmill community and the construction site of the most recent wars. The village trail is 3.5 km long.
Distances: 13 km from Lappeenranta city center
Driving there: From National Road 6, turn onto road 13 towards Mikki. Turn right onto Vuosa Mikki. Continue on this road for approx. 1 km, then turn left onto Muuteronieki. **Trail departure point:** (61.04027, 28.04348)
Trail classification: easy trail

3. Parkkimäki nature trail
Located in the western part of Lappeenranta, the Parkkimäki nature trail showcases the nature of Lake Saimaa and the estuary along its shores. Trail length is 1.5 km. Parkkimäki is a nature trail through a forest of young spruce forest and thinned pine forest, the ancient shore formed during the ice age, and the cultural environment with its fields and gravel pits each tell their own story about shapes the landscape over time.
Distances: 8 km from Lappeenranta city center
Driving there: Drive south from the University of Applied Sciences Technology campus. Continue past the university buildings. The trail leaves from Skinnarila Manor as Skinnarilankatu 27. **Trail departure point:** (61.06048, 28.09553)
Trail classification: easy trail

4. Hämmänteensoo (Lappeenranta)
Hämmänteensoo is a rare marsh area in Southern Karelia. A walk along the duckweed Kawilan Foundation for Recreation Areas. Total trail length approx. 1.5 km. Hämmänteensoo is protected under the Finnish Nature Conservation programme. Berry and mushroom picking are permitted, as is use as an educational site. However, it is recommended to move mainly along the duckweed.
Distances: 9 km from Lappeenranta city center
Driving there: Southward from Lappeenranta and continue on road 390 for around 6 km until you see the "Hämmänteensoo P-paikka" sign on your right. The trail starts at the parking lot. **Trail departure point:** (61.07171, 28.31000)
Trail classification: easy trail

7. Fortress, Old town, nature trail
The Lappeenranta Fortress nature trail offers a glimpse into history through vegetation. Trail length is 1.5 km. The trail starts at the square (Keskitalon tori) in the Old Town. The trail includes steep slopes and steps.
Distances: Located in the Old Town part of Lappeenranta city center
Trail departure point: (61.06713, 28.18242)

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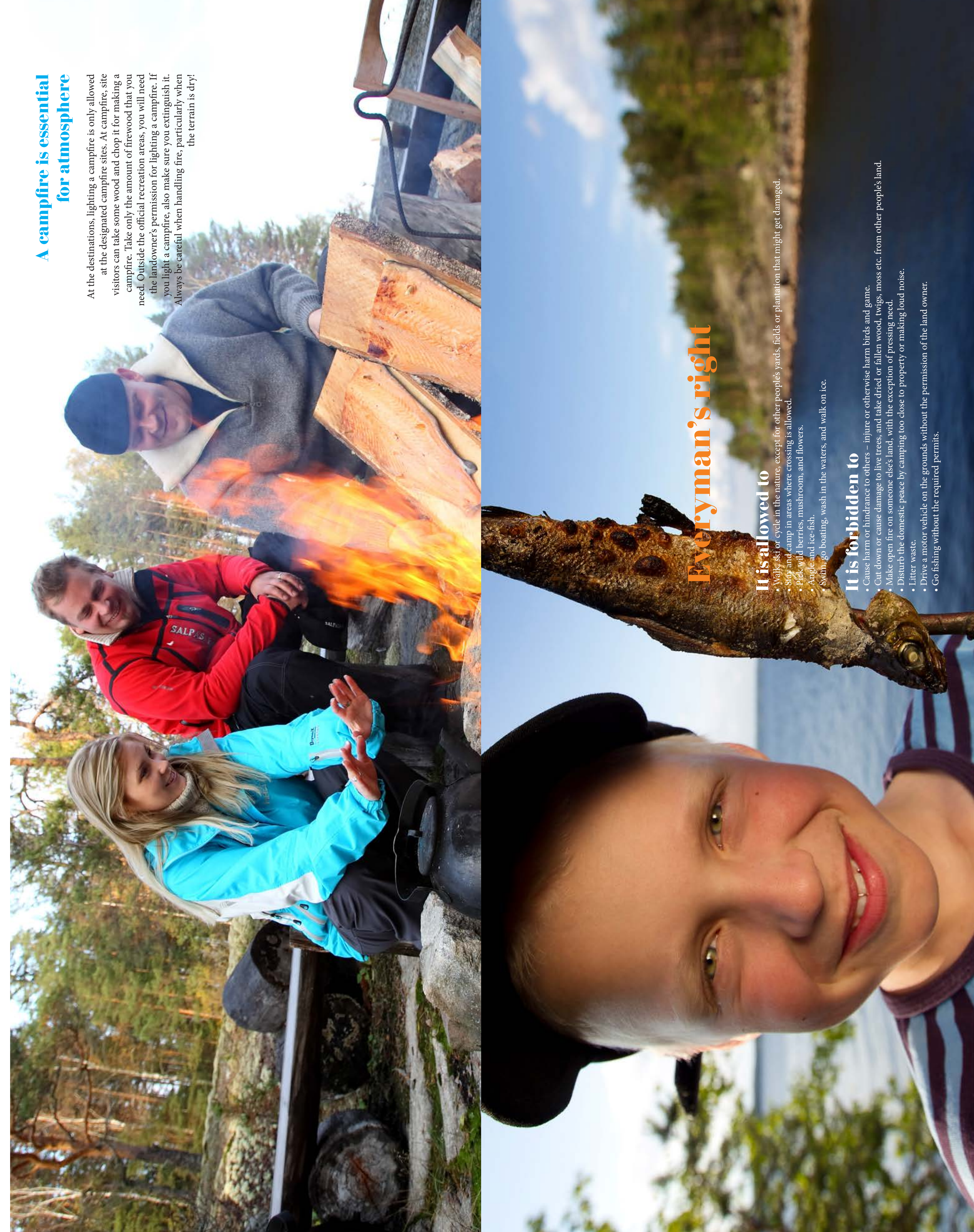
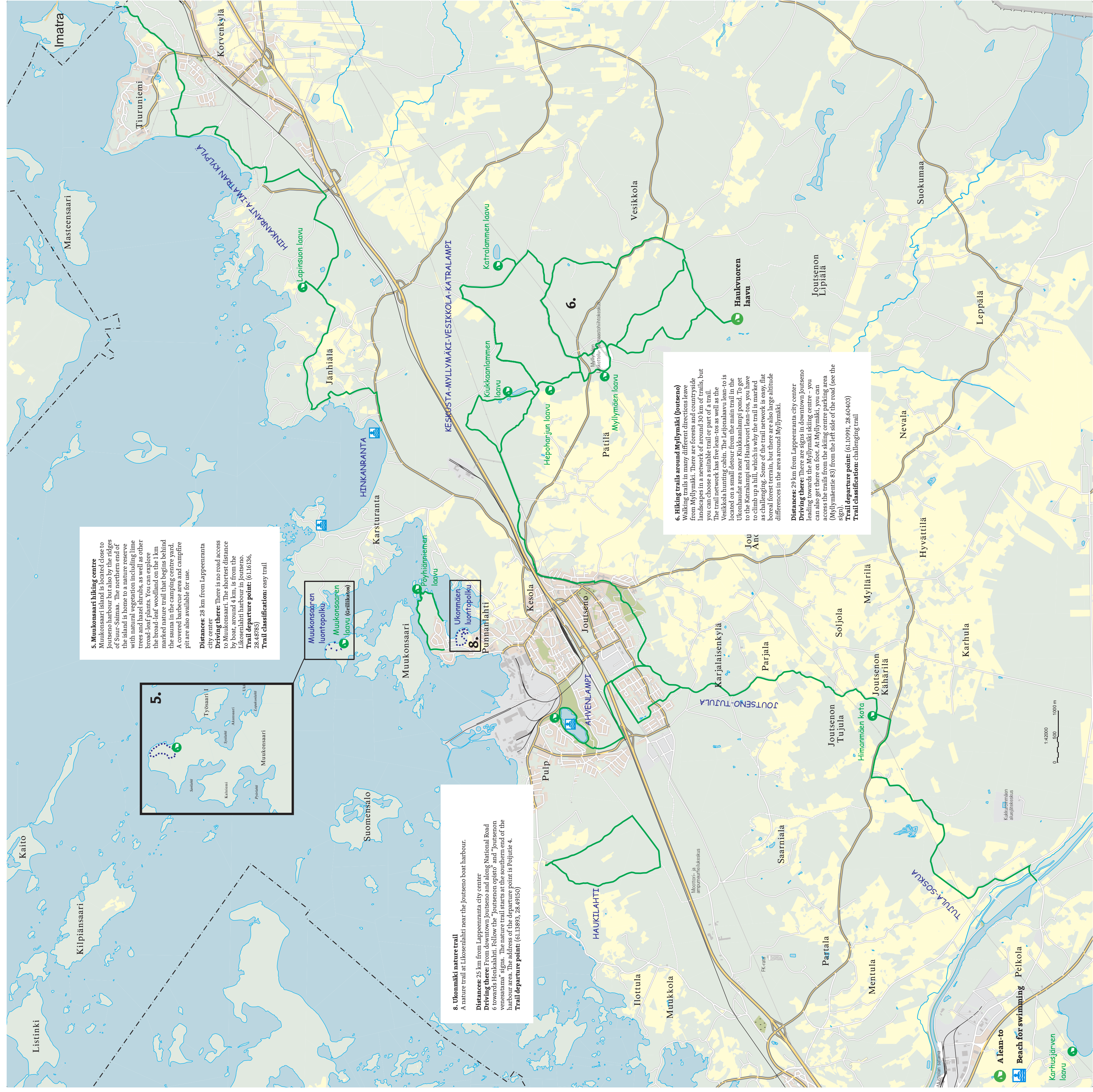


Geocaching

Lappeenranta and Imatra region offers excellent possibilities for geocaching. Geocaching is a whole family adventure, a treasure hunt of a kind where you must find caches in form of boxes or trays, hidden in the ground. There are more than 1500 caches in Lappeenranta and Imatra region, that way one does not run out of treasures to find. It's possible that there's a stash right next to you, but you just don't know it yet.

Hiker and camper etiquette

- Finland offers gorgeous scenery, clean shores and varying trails for outdoor recreation. You can enjoy the natural environment rather freely in Finland. At the best places, there are rest spots and campfire sites designated for visitors.
- General instructions behaving in nature**
- Do not disturb wild animals and plants, for example, do not beach on the bird islets.
 - Do not disturb other visitors. Let other people enjoy the peace and quiet of nature too.
 - Always clear away your own rubbish and do not leave other items in the terrain either.
 - Take care of the structures at the destination and protect nature on your part.
 - Do not make a noise when hiking or boating. Do not play the radio in nature.
 - You may spend 1-2 days in a tent or on a boat at a constructed recreational spot or in its immediate vicinity.
 - You are not allowed to put any liquid waste or rubbish into the natural waters.
 - At the outdoor recreation destinations and campfire sites, it is customary that visitors make room for newcomers or depart when they have finished their packed meal. Telling stories around the campfire is Finnish wilderness tradition at its best!



A campfire is essential for atmosphere

At the destinations, lighting a campfire is only allowed at the designated campfire sites. At campfire, site visitors can take some wood and chop it for making a campfire. Take only the amount of firewood that you need. Outside the official recreation areas, you will need the landowner's permission for lighting a campfire. If you light a campfire, also make sure you extinguish it. Always be careful when handling fire, particularly when the terrain is dry!

Everyman's right

It is allowed to

- Walk, ski or cycle in the nature, except for other people's yards, fields or plantation that might get damaged.
- Dig and camp in areas where crossing is allowed.
- Pick wild berries, mushroom, and flowers.
- Angle and ice-fish.
- Snow, go boating, wash in the waters, and walk on ice.

It is forbidden to

- Cause harm or hindrance to others - injure or otherwise harm birds and game.
- Cut down or cause damage to live trees, and take dried or fallen wood, twigs, moss etc. from other people's land.
- Make open fire on someone else's land, with the exception of pressing need.
- Disturb the domestic peace by camping too close to property or making loud noise.
- Litter waste.
- Drive a motor vehicle on the grounds without the permission of the land owner.
- Go fishing without the required permits.